



## When you are a Household Contact

You are a Household Contact if you live with someone who has tested positive for COVID-19.

Whether you are fully vaccinated or not, you will need to:

- self-isolate from the day the person with COVID-19 tests positive or is notified as a probable case until they complete 7 days of isolation
- get a test for COVID-19 on Day 3, and on Day 7 of the isolation period, or sooner if you develop symptoms. If you test positive, you need to follow the guidance for people who have COVID-19.

## When you can leave self-isolation

If someone else in your household tests positive, you do not need to restart your isolation period. You can complete your isolation at the same time as the first person in your household who had COVID-19 if:

- your Day 7 test was negative
- you have no new or worsening symptoms.



## When you are a Close Contact

You are a Close Contact if you have had contact with a person with COVID-19, but you do not live with them.

You do not need to self-isolate. If you develop symptoms, get a test and stay home until a negative test result is returned.



## When you are a critical worker and a Household Contact

If you are a critical worker and a Household Contact, you will still be able to go to work providing you are fully vaccinated, do not have symptoms and have a negative rapid antigen test (RAT) before going to work. Your employer will let you know if this applies to you.

When you are not at work, you must follow the self-isolating guidance.